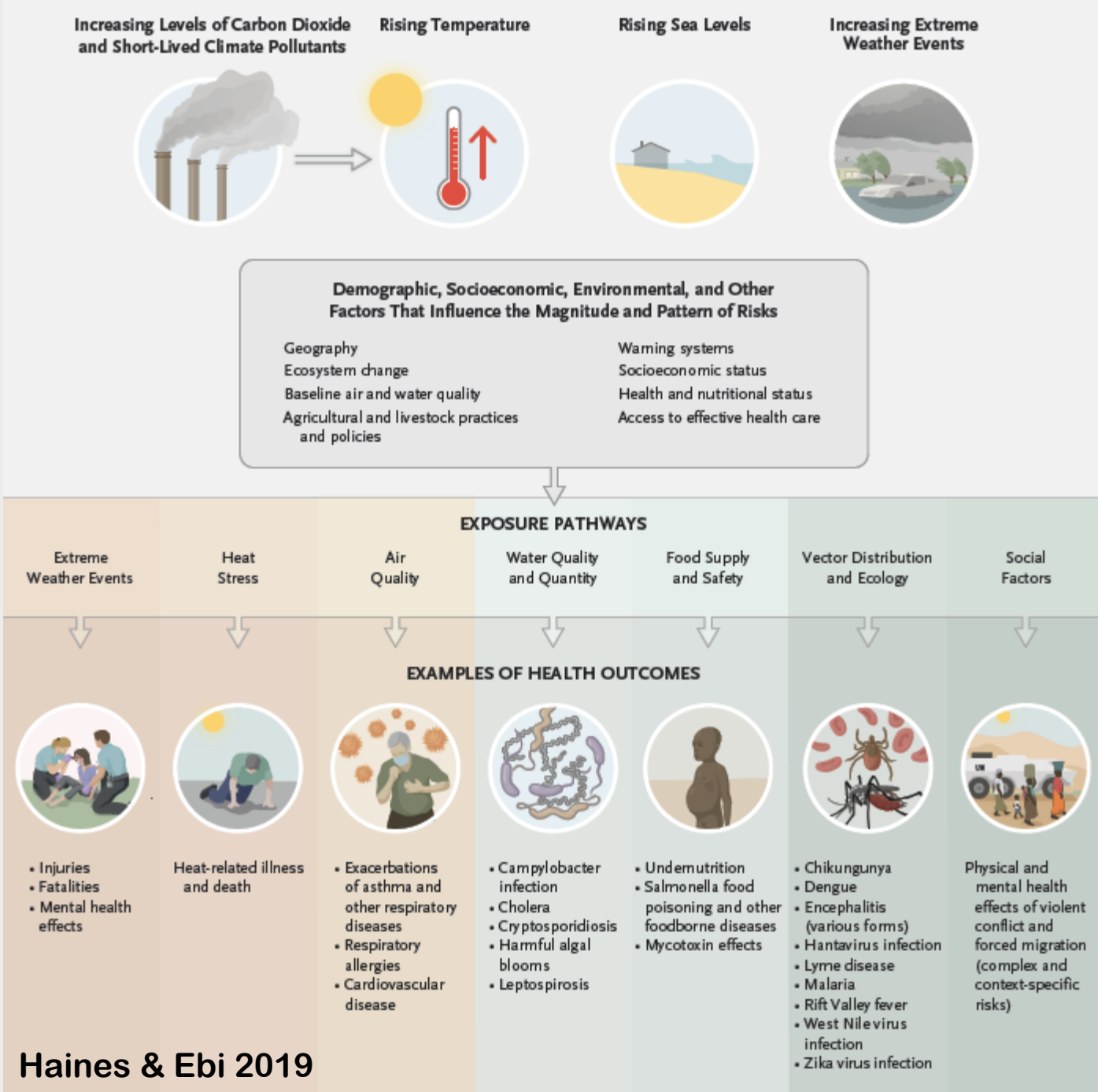




# Climate change and health

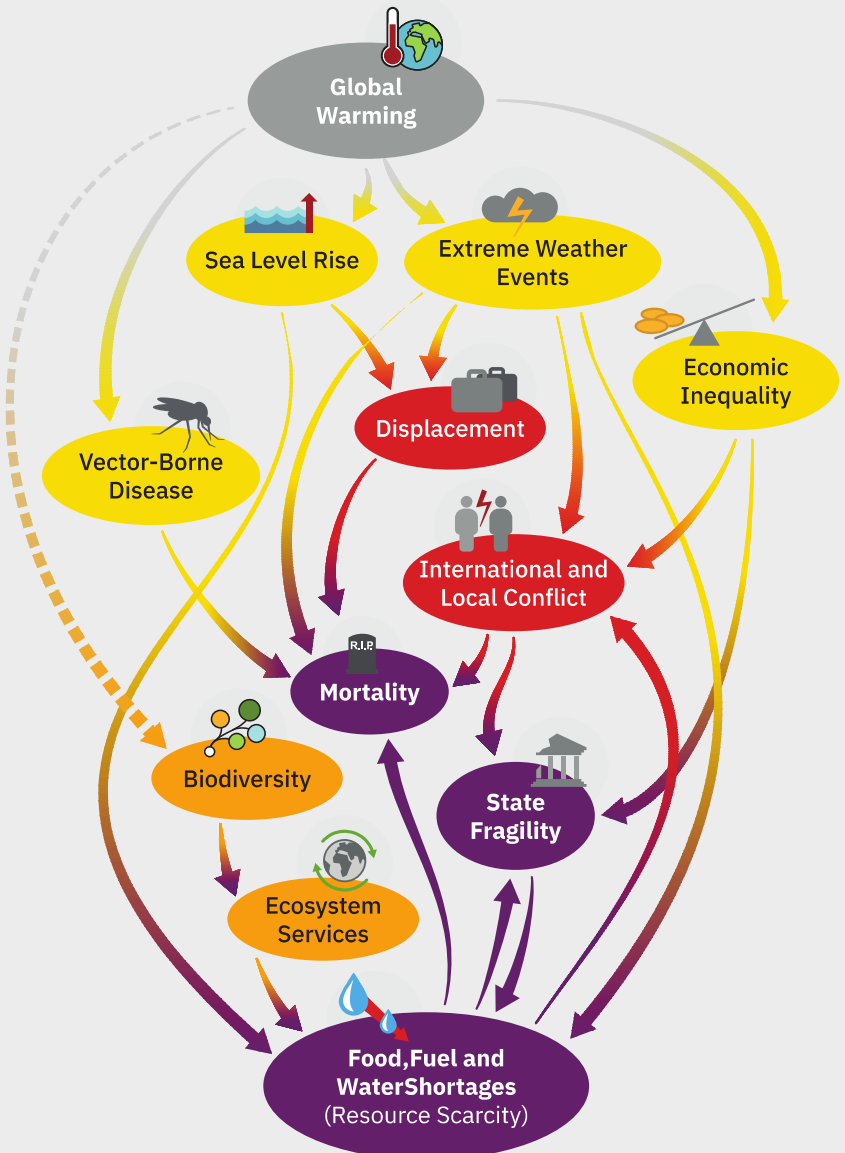
Kristie L. Ebi, Ph.D., MPH

IPCC 2022



Haines & Ebi 2019

# Cascading global climate risks



Kemp et al. 2022

# Key conclusions of the IPCC 2022 chapter on human health

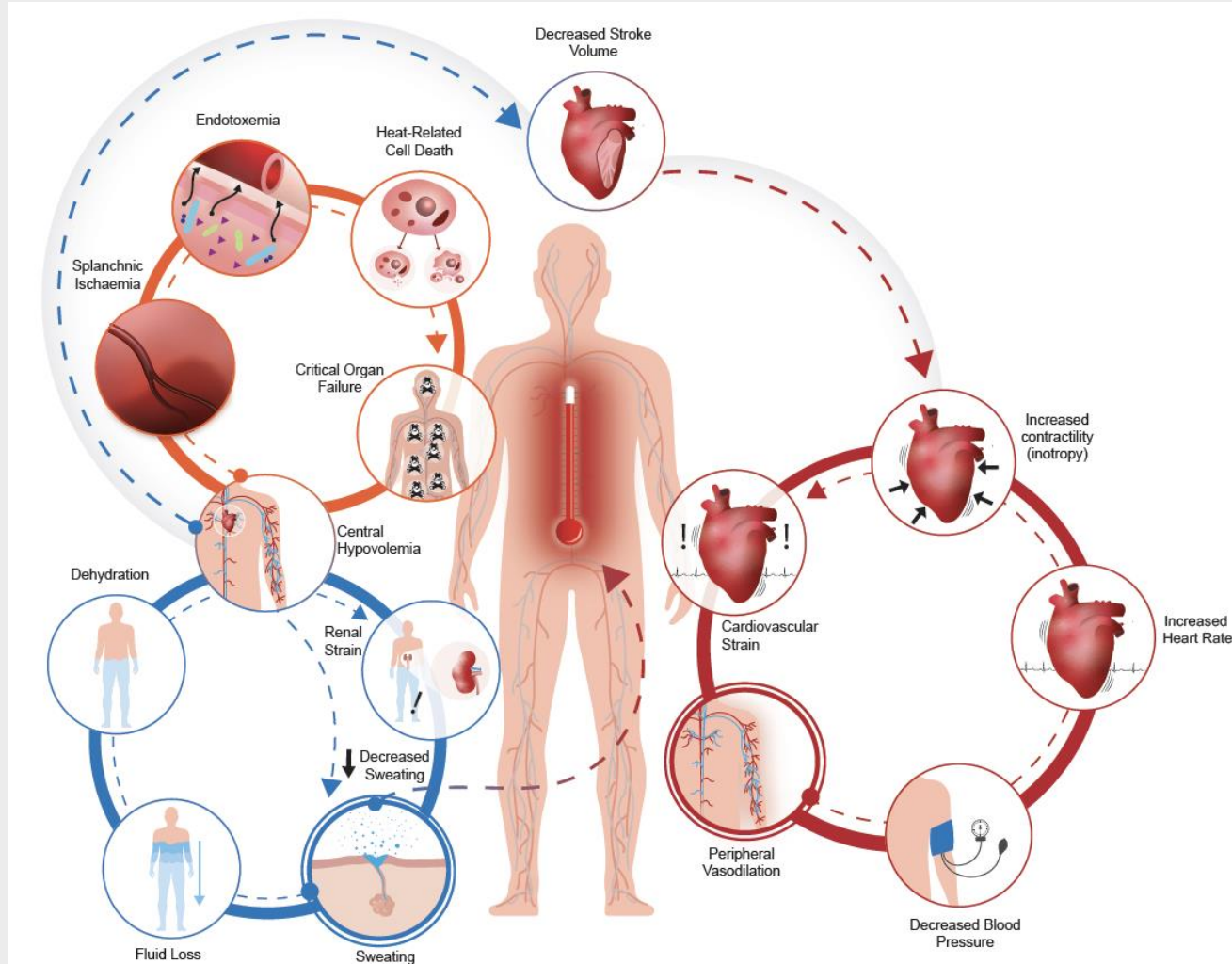
**Observed impacts:** *climate change is adversely affecting the physical health of people globally and mental health of people in assessed regions*

- **Extreme heat events**
- **Vector-borne and zoonotic diseases**
- **Water and food-borne diseases**
- **Some mental health challenges**
- **Health services disrupted by extreme events such as floods**

## **Projected risks**

- **Extreme events**
  - Population exposure to **heatwaves**: increase with additional warming, strong geographical differences in heat-related mortality
- **Food-borne, water-borne, and vector-borne diseases**: increase under all levels of warming without additional adaptation
- **Mental health** (including anxiety and stress): increase in assessed regions

# Hot weather and heat extremes: health risks

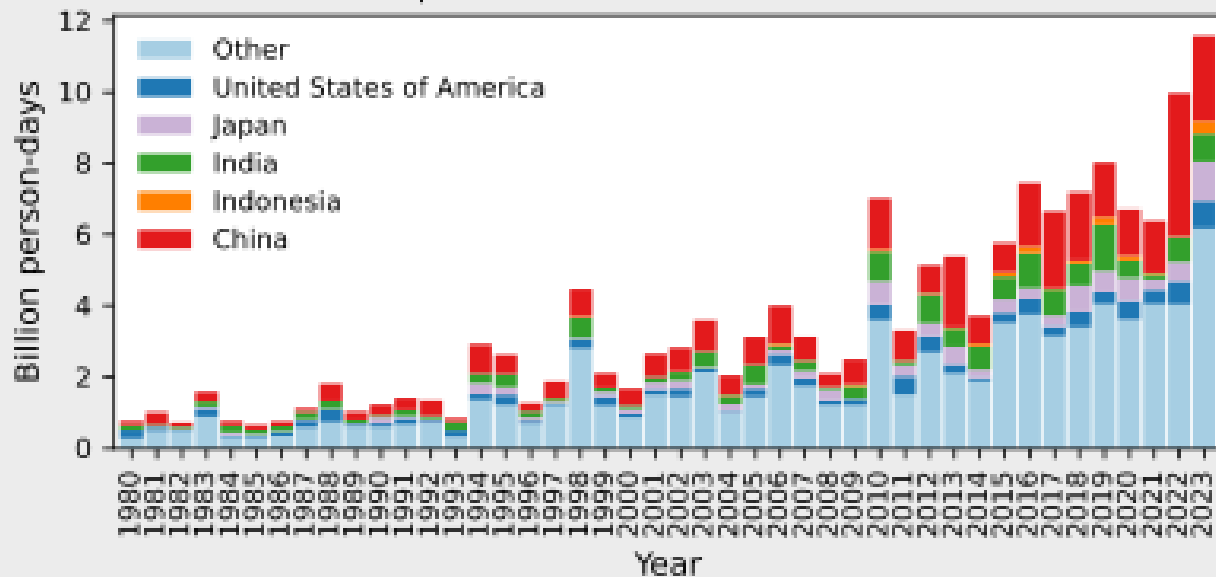


- People are unnecessarily suffering & dying in the heat
- Other heat-related effects include occupational health & productivity; increased sports injuries & illnesses; adverse pregnancy outcomes
- Physiological limits of heat tolerance are finite
  - Other factors substantially reduce these limits
- Climate change will continue to increase heat-related morbidity and mortality without urgent investments in research & risk management

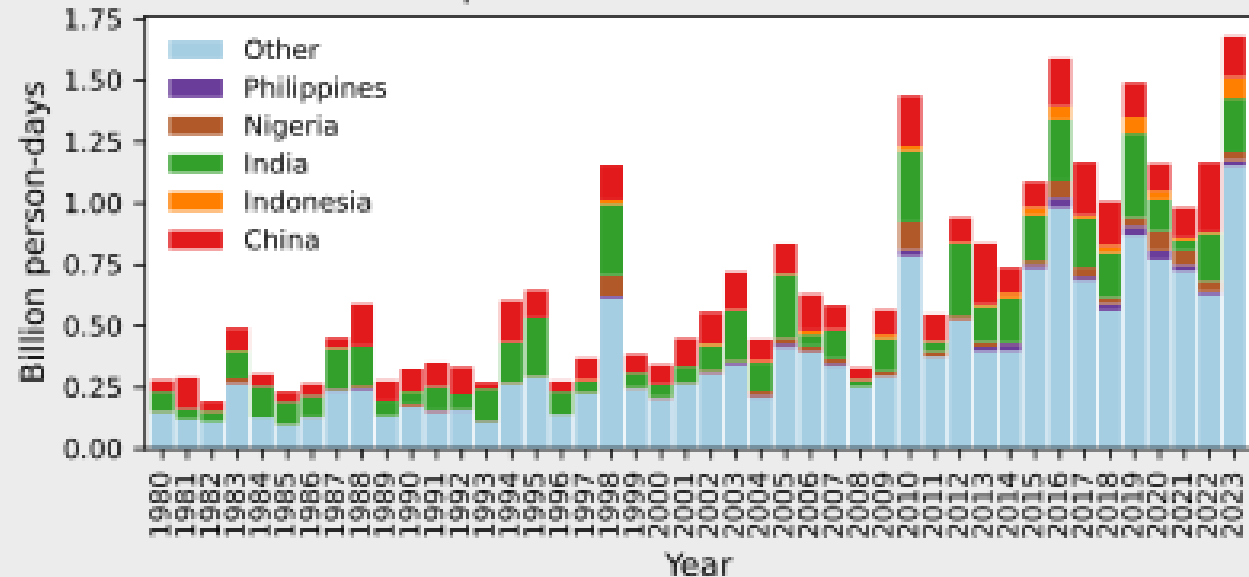
# Exposure of vulnerable populations to heatwaves

In 2023, infants < 1 year and adults > 65 years experienced, on average, a record high of 13.8 heatwave days per person. There were 13.4 billion more person-days of heatwave exposure, compared with 1986-2005

Exposures of over 65s to heatwaves



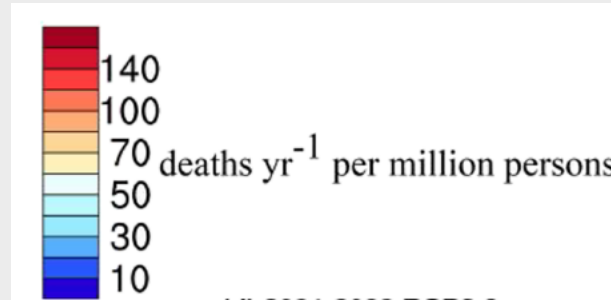
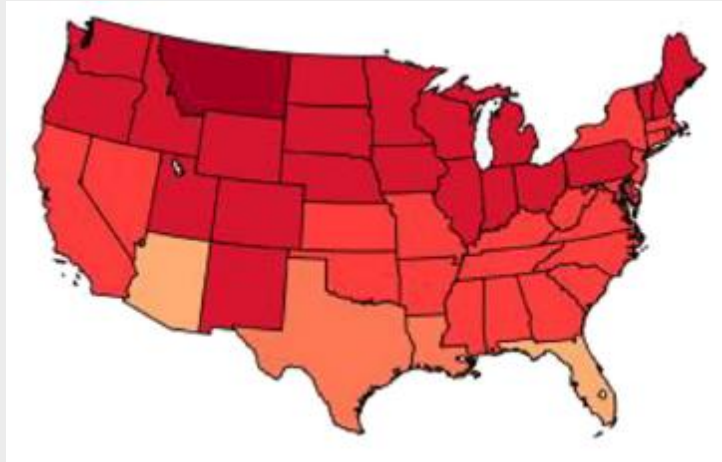
Exposures of infants to heatwaves





# Projected annual heat-related deaths in 2091-2099

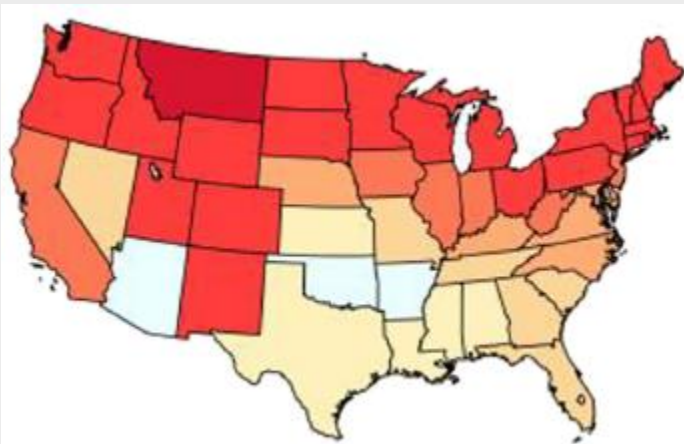
No adaptation; high emissions



No adaptation; low emissions



Adaptation; high emissions

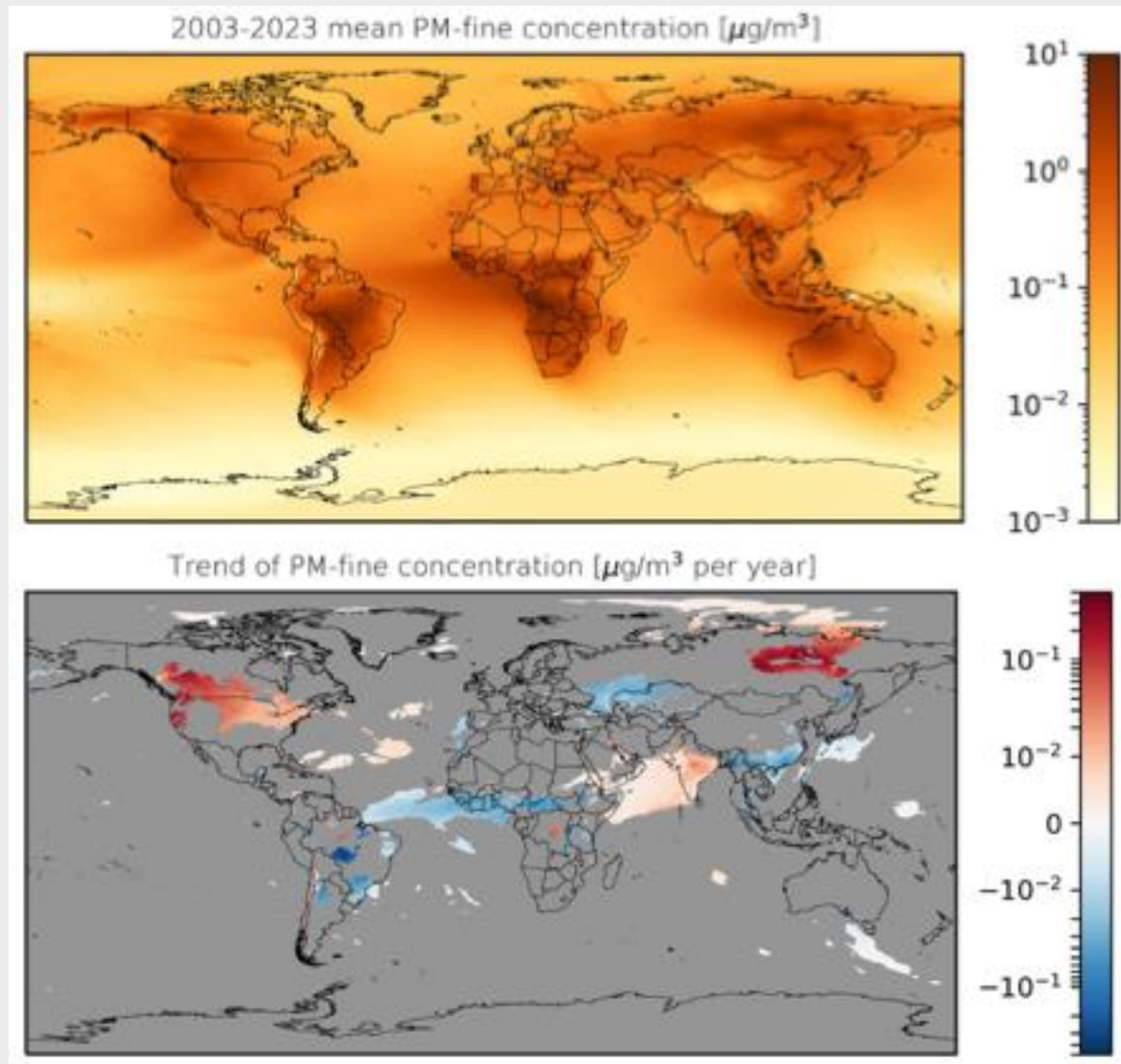


Adaptation; low emissions



Shindell et al. 2020

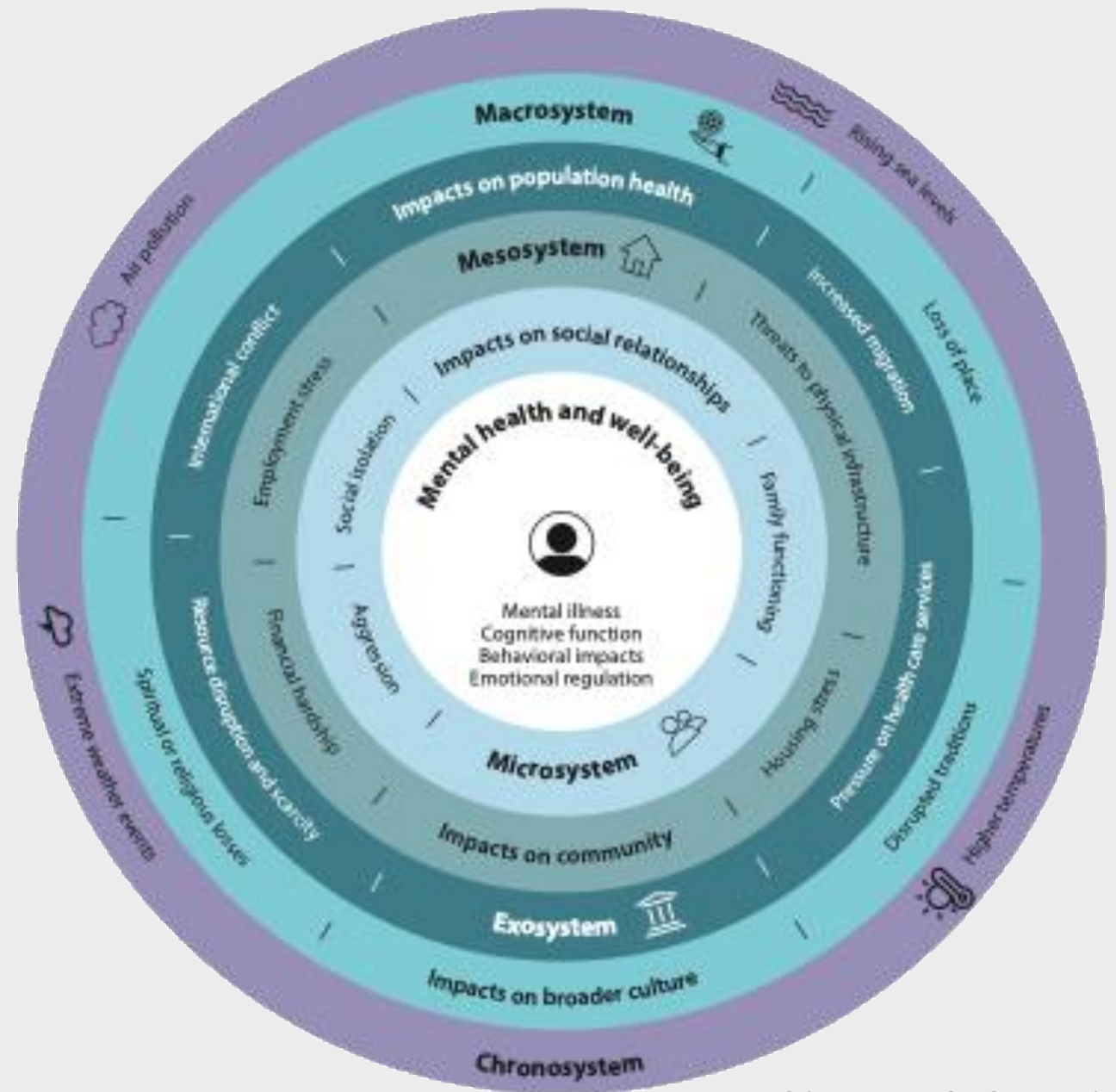
# Gridded mean personal exposure to fire-induced PM and 2003-2021 trend



## Short-term mortality impacts of wildfire smoke in Europe

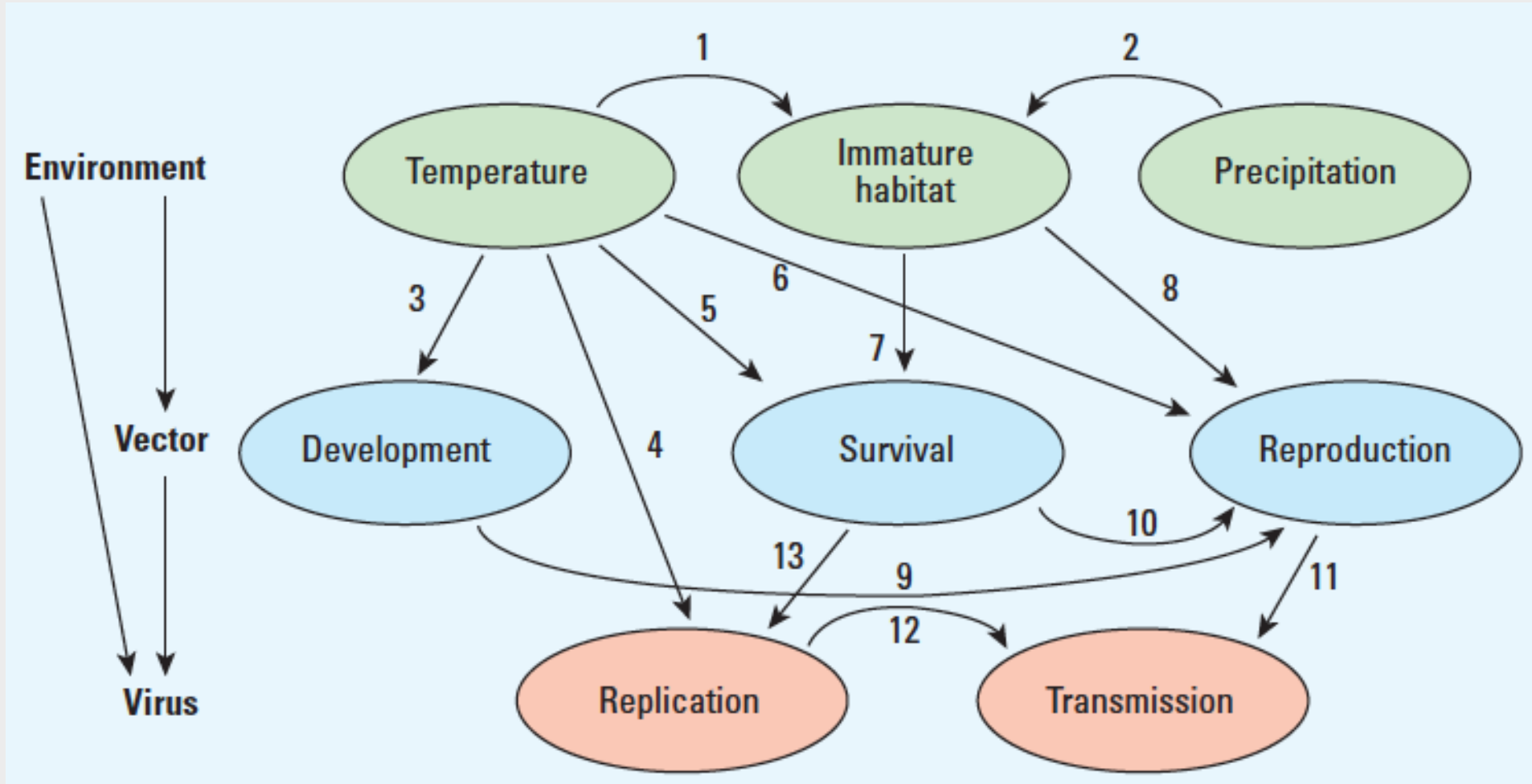
- Cumulative RR for a 1  $\mu\text{g}/\text{m}^3$  increase in fire-related PM<sub>2.5</sub> was 1.009 for CVD mortality and 1.013 for respiratory mortality
- RRs higher for fire-related than non-fire-related PM<sub>2.5</sub>
- Using RR for total PM<sub>2.5</sub> underestimated fire-related mortality by 93%

# Impacts of climate change on mental health and well-being across multiple systems





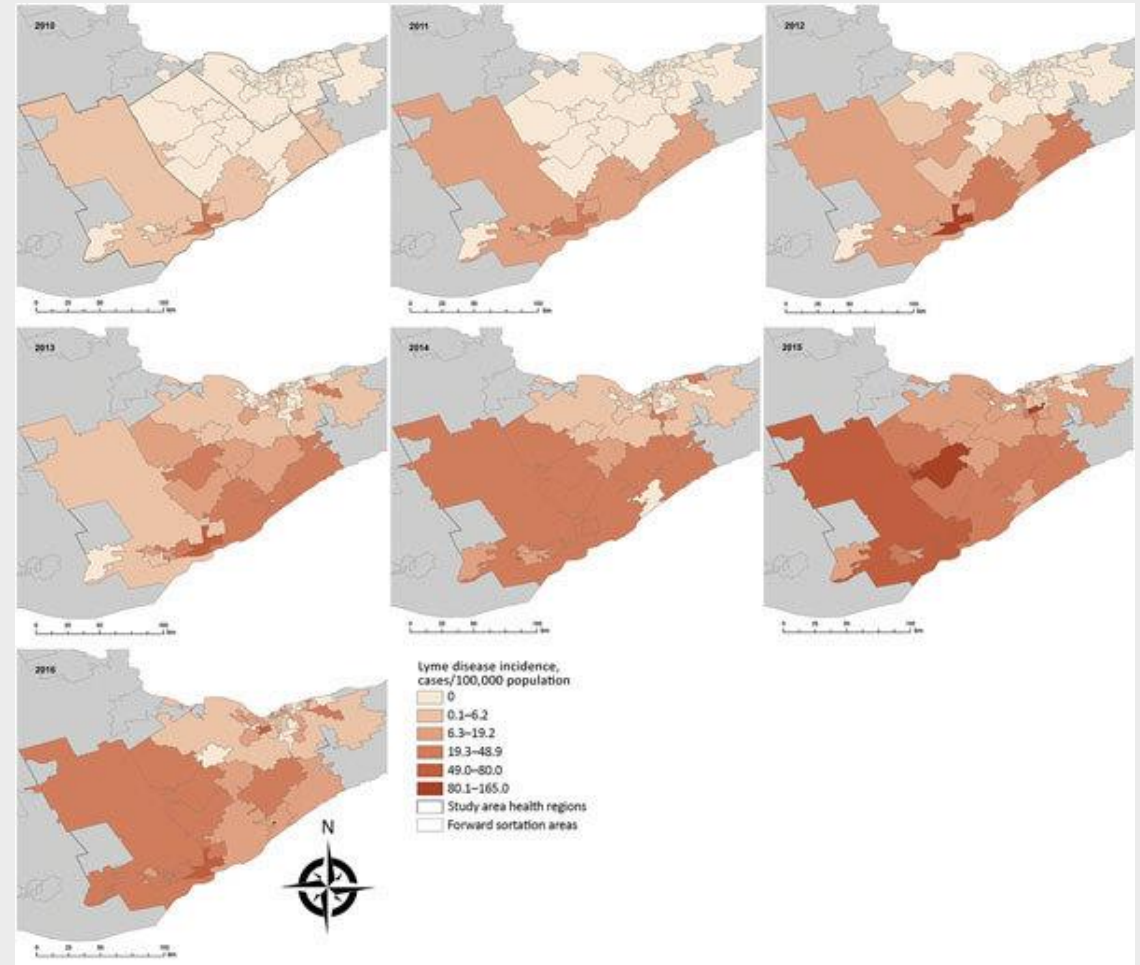
# Biophysical influences on dengue ecology showing the interactions between climate variables, vectors, and the virus



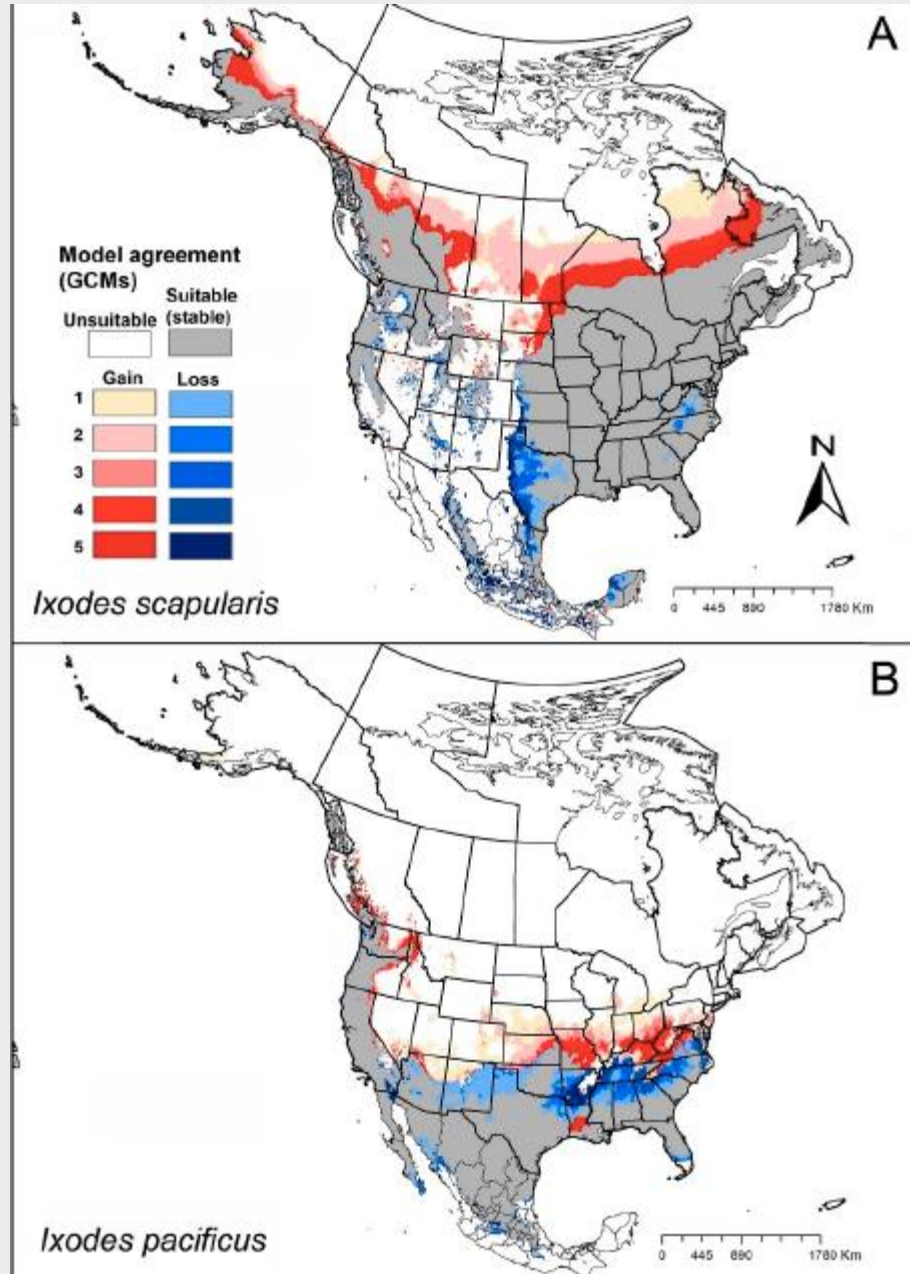
# Lyme disease emergence in Canada

- Climate impacts Lyme disease risk:
  - Tick vector distributions & abundance
  - *B. burgdorferi* transmission cycle occurrence & efficiency
  - The likelihood of transmission to humans
- Surveillance demonstrated geographic pattern changed (latitude and altitude)
  - Geographic range associated with temperature trends
  - Changing temperatures attributed to climate change

## *Lyme disease incidence 2010-2016; Eastern Ontario*



# Potential geographic distribution of two species of Ixodes, present and 2050 under RCP4.5



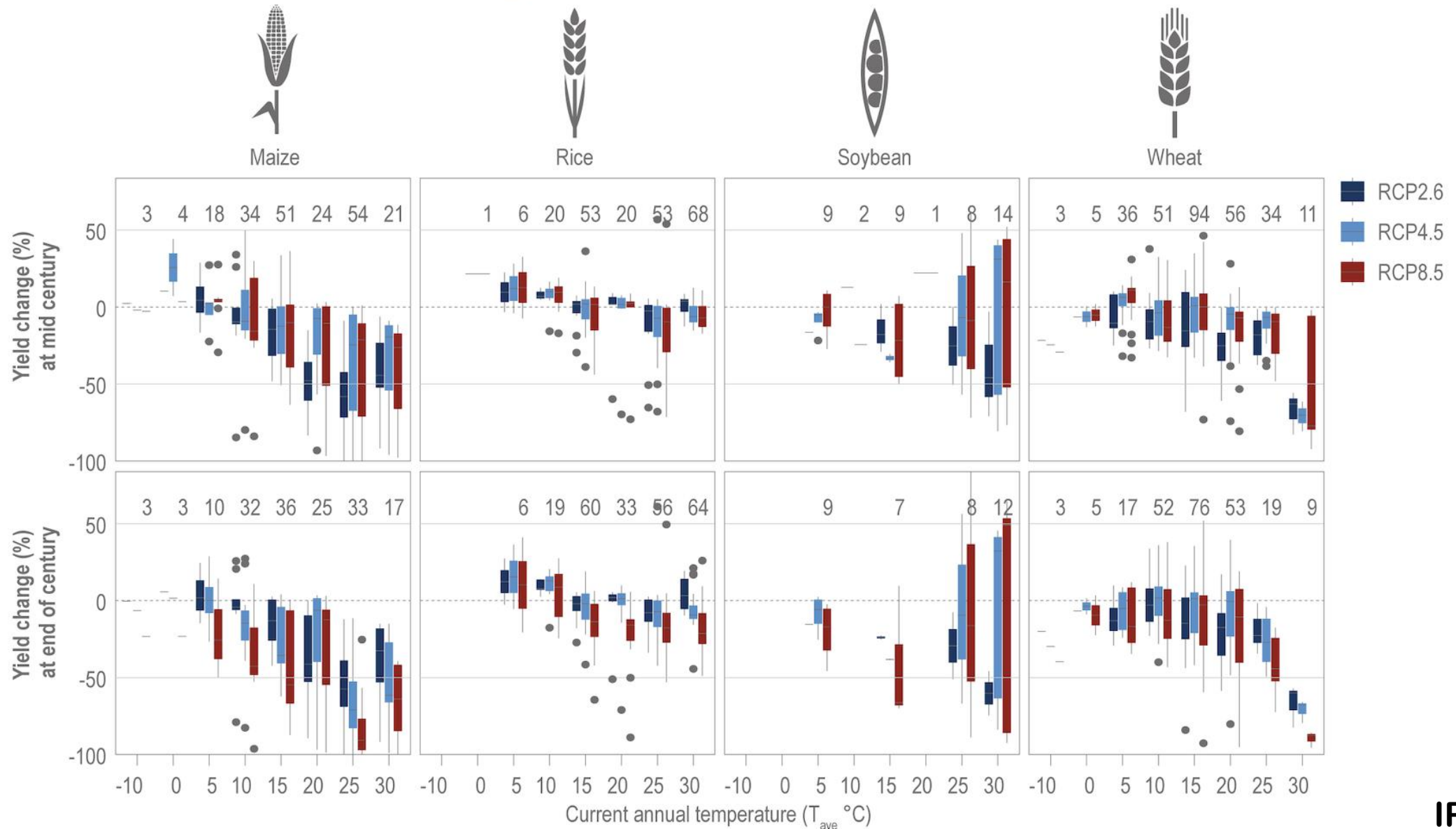
- Red indicates expansion of suitable areas under future conditions (dark red = high model agreement)

- Blue indicates suitable in current time but not in the future (dark blue = high model agreement)

# Projected yield changes relative to the baseline period (2001–2010) without adaptation and with CO<sub>2</sub> fertilization effects

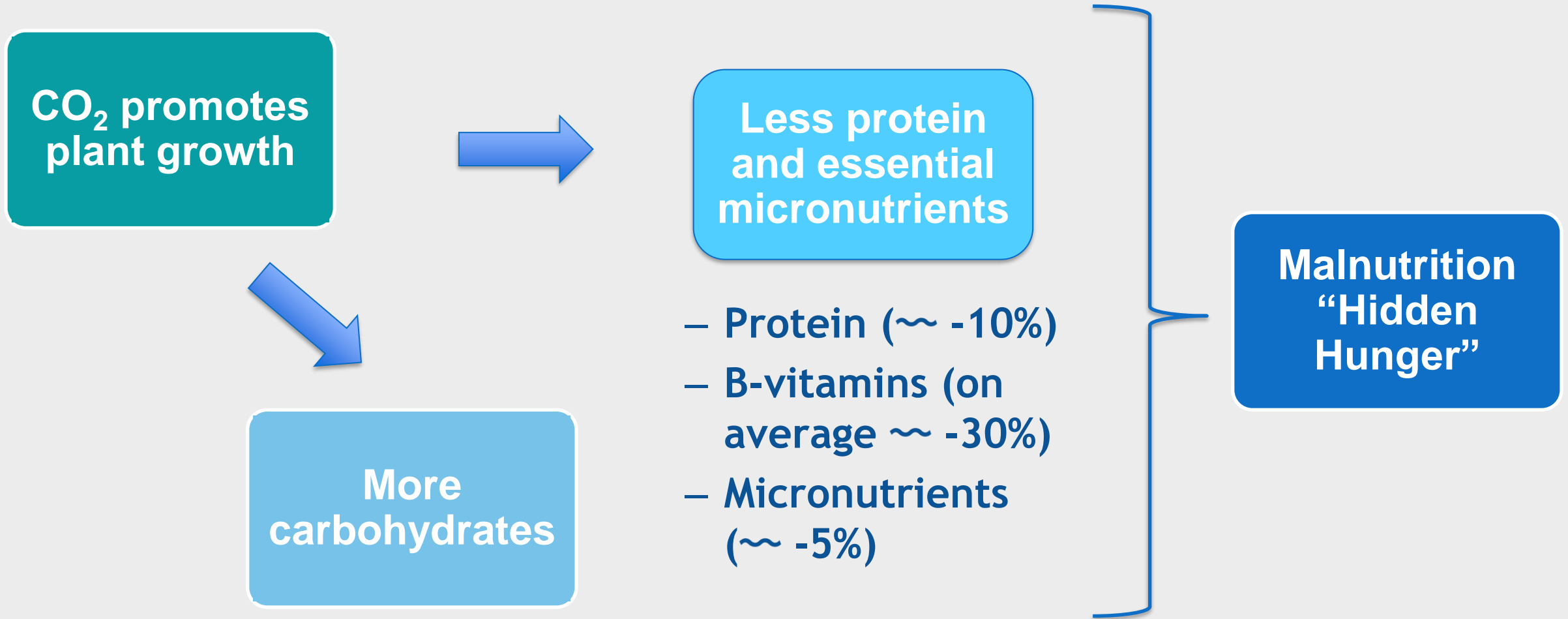
Numbers are the number of simulations

(a) As a function of current annual temperature ( $T_{ave}$ )





# Higher CO<sub>2</sub> concentrations alter the nutritional density of C<sub>3</sub> plants



# Effective adaptation options include

- Strengthening the resiliency of health systems
  - Protect against exposure to climate hazards, particularly for those at highest risk
    - Heat Action Plans that include early warning and response systems
  - Improve access to potable water, reducing exposure of water and sanitation systems to flooding and extreme weather and climate events, and improving early warning systems
  - For mental health, improve surveillance, access to mental health care, and monitoring of psychosocial impacts from extreme weather and climate events
  - Integrated adaptation approaches that mainstream health into food, livelihoods, social protection, infrastructure, water and sanitation policies
- \*\* Major constraint is limited investment**

# Health benefits of reducing greenhouse gas emissions

Howard et al. 2024

Healthy planet. Healthy people.



Health



Greenhouse gases

